

Make sure you can answer your customers' questions about 22 MINUTE HARD CORPS. Check out these answers to our most frequently asked questions, and really step up your business!

Q. Who is 22 MINUTE HARD CORPS for?

Anyone who's looking for an easy-to-learn, straightforward workout program that still delivers great results in just 22 minutes a day. As legendary trainer and 22 MINUTE HARD CORPS creator Tony Horton says, "All you have to do is show up, keep up, and you WILL get in shape."

Q. Are these real "boot camp" workouts?

The 22 MINUTE HARD CORPS workouts were inspired by Tony's time spent training U.S. servicemen and women to their maximum fitness potential. They combine the no-nonsense simplicity of military PT (Physical Training), with Tony's personal expertise in functional fitness and creating quick workouts that deliver great results in a short amount of time.

Q. What equipment will I need?

For some 22 MINUTE HARD CORPS routines, you will need a pull-up bar or resistance band and door attachment, as well as a Beachbody® PT Sandbag or dumbbells.

Q. What's included in the 22 MINUTE HARD CORPS Base Kit?

- 8 challenging workouts on 2 DVDs
- Quick Start Mission Guide
- 8-week Basic Training Action Plan
- Rations for Results Nutrition Field Guide
- Cold Start pre-workout drill
- Hell Week Challenge Card
- HARD CORPS: Battle Buddy Workout DVD (Network Exclusive)

Q. How much does 22 MINUTE HARD CORPS cost?

- **Base Kit:**
\$39.90; Club member: \$35.91; Coach: \$29.93—PV/CV: 30
- **Deluxe Kit:**
\$79.80; Club member: \$71.82; Coach: \$59.85—PV/CV: 60

Q. How do I direct my customers to the 22 MINUTE HARD CORPS page in the Team Beachbody® Shop?

Simply add your Coach repID to the end of the URL below, share the link, and you'll get credit for the resulting purchases.

US: <http://teambeachbody.com/shop/-/shopping/22MinHCBase>

Canada: <http://teambeachbody.com/shop/-/shopping/22MinHCBaseCA>

Please note: In order to receive credit for the sale, the purchaser must click on the link containing YOUR Coach repID.

Q. Is there a Team Beachbody exclusive if customers order 22 MINUTE HARD CORPS through me?

Customers who purchase 22 MINUTE HARD CORPS through you will get a FREE bonus DVD—HARD CORPS: Battle Buddy Workout (a \$19.95 value)!

The secret to mission-ready results...is teamwork! Pair up with a "Battle Buddy" to take on this calorie-scorching, partner-based workout challenge.

Q. Can I stream my 22 MINUTE HARD CORPS workouts?

Yes! If you purchase 22 MINUTE HARD CORPS and become a Premium Team Beachbody Club member, you'll get unlimited access to Beachbody On Demand, where you can stream 22 MINUTE HARD CORPS and hundreds of proven Beachbody workouts via any TV, desktop, laptop, tablet, or mobile device—wherever you have an internet connection. Just look for "Purchased Programs" in Beachbody On Demand to access 22 MINUTE HARD CORPS.

Q. Is there a 22 MINUTE HARD CORPS and Shakeology® Challenge Pack?

Yes! It contains the 22 MINUTE HARD CORPS Base Kit, your first 30-day supply of Shakeology, and a FREE 30-day premium trial membership in the Team Beachbody Club, so you can stream your workouts with Beachbody On Demand.*†

Challenge Pack price: \$140

Q. Can I get 22 MINUTE HARD CORPS and Beachbody Performance™ supplements together in a Challenge Pack?

Yes, you can. The 22 MINUTE HARD CORPS Performance Challenge Pack contains the 22 MINUTE HARD CORPS Base Kit, your first 30-day supply of Beachbody Performance Energize and Beachbody Performance Recover, and a FREE 30-day premium trial membership in the Team Beachbody Club that lets you stream your workouts with Beachbody On Demand.*†

Performance Challenge Pack price: \$140

Here's how to direct prospects and customers to YOUR Challenge Pack page:

1. Insert your repID into the link below:

US: <http://teambeachbody.com/shop/-/shopping/BPP22M140>

Canada: <http://teambeachbody.com/shop/-/shopping/BPP22MCA>

2. Copy and paste the link into an email to your customers.

Still have questions? Check out the 22 Minute Hard Corps Product Training Guide, the Team Beachbody Message Boards, or reach out to Coach Relations.

*With Shakeology on Home Direct, your customer will receive this item every 30 days, shipped directly to their door and billed to the credit card your customer uses today in the amount of \$129.95 a month, plus a Super Discount s&h fee of only \$2.00 per item. Your customer may cancel at any time to avoid future charges by calling Customer Service.

†With Beachbody Performance on Home Direct, your customer will receive this item every 30 days, shipped directly to their door and billed to the credit card your customer uses today in the amount of \$109.95 a month, plus a Super Discount s&h fee of only \$2.00 per item. Your customer may cancel at any time to avoid future charges by calling Customer Service.

‡After their first 30 days, your customer will be automatically billed to continue the Team Beachbody Premium Club membership at a cost of \$2.99 a week, billed \$38.87 per quarter in advance to the credit card your customer uses. Your customer can cancel at anytime to avoid future charges by calling Customer Service at 1 (800) 470-7870.

All prices in USD. International pricing may vary.