



BEACHBODY®

JUMP MAT



- Made of shock-absorbing ¼" thick high-density foam
- Larger and more durable than average yoga mats
- Slip-resistant grip for added safety and support
- Perfect for any fitness level
- Helps protect your knees, joints, and spine



"You must do the thing you think you cannot do."

—Eleanor Roosevelt



For more products from the fitness experts at Beachbody®, visit Beachbody.com or contact your Coach at TeamBeachbody.com. To help refuel, reenergize, and repair muscles quickly after any intense workout, try P90X® Results and Recovery Formula®.

CARE AND USE:

- The dot surface provides traction—this side should go against the floor.
- Clean your mat with a cloth or sponge and gentle soap, rinse with water, and dry with a clean towel.
- Do NOT clean your mat in a washer or dryer.

LATEX WARNING:

The Beachbody Jump Mat is made with natural rubber latex (NRL), which may cause minor to life-threatening allergic reactions in some people. Minor symptoms include hives or nasal congestion. Severe reactions may result in anaphylaxis, a dangerous systemic reaction that causes a drop in blood pressure, difficulty breathing, swelling of the throat, tongue, and nose, and even loss of consciousness. These reactions, anaphylaxis, or any of these symptoms or conditions could be life-threatening if unattended. Emergency medical attention is needed at the first sign of anaphylactic reaction.

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