

**DIRECTIONS:** Gently shake the jar to loosen compressed powder then combine one level scoop (4 g) of Focused Energy powder with Shakeology or the beverage of your choice. Consume within 30 minutes.

**STORAGE:** Store in a cool, dry place.

**ALLERGEN INFORMATION:** Contains tree nuts (coconut). This product is manufactured in a plant that also processes milk, egg, fish, crustacean shellfish, wheat, peanuts, and soy ingredients.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**WARNING:** This product contains Caffeine. Please do not consume this product if you have caffeine sensitivity or health concerns with products that stimulate or promote energy. Do not take within 4 hours of bedtime. Consult with a healthcare professional if you are pregnant, breast feeding, or if you have any medical conditions. Keep out of reach of children.

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**Formulated with key ingredients to:\***

- Enhance your Shakeology® for even healthier results
- Help support mental clarity and focus
- Replace your daily cup of coffee with this wholesome boost of energy

shakeology®  
BOOST

FOCUSED  
ENERGY

20 SERVINGS • NET WT 2.82 OZ (80 G) • DIETARY SUPPLEMENT

- Help improve alertness and attention
- No artificial colors, flavors, sweeteners, or preservatives
- Provide 100 mg natural caffeine from Guarana and Green Tea



BEACHBODY  
ULTIMATE

## Supplement Facts

Serving Size: 1 scoop (4 g) Servings Per Container: 20

	Amount Per Serving	% Daily Value**
Calories	15	
Carbohydrates	3 g	1%
Protein	<1 g	2%

**PROPRIETARY ENERGY BLEND:** 1.8 g †  
Guarana (*Paullinia cupana*) seed extract, Green tea (*Camellia sinensis*) leaf extract, Coconut (*Coco nucifera*) water fruit powder, Rhodiola (*Rhodiola rosea*) root extract, American ginseng (*Panax quinquefolius*) root extract, Panax ginseng (*Panax ginseng*) root extract, Matcha green tea (*Camellia sinensis*) leaf powder, Luo Han Guo (*Siraitia grosvenorii*) (Monk fruit).

	Amount Per Serving	% Daily Value**
<b>PROPRIETARY MUSHROOM BLEND:</b>	1.5 g	†
Cordyceps ( <i>Cordyceps militaris</i> ) powder, Reishi ( <i>Ganoderma lucidum</i> ) powder, King Trumpet ( <i>Pleurotus eryngii</i> ) powder, Lion's Mane ( <i>Hericium erinaceus</i> ) powder.		

**Caffeine** 100 mg †  
(as natural caffeine from Guarana and Green tea)

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
†% Daily Value (DV) not established.

**OTHER INGREDIENTS:** Pea protein, Natural vanilla flavor (with other natural flavors).