

This delicious, high-protein vanilla shake will satisfy your hunger while delivering the essential nutrition your body needs for healthy weight loss.* Vanilla Fresh is a good source of fiber, and is both dairy- and soy-free.

Each serving of Vanilla Fresh contains:

- 20 g of wholesome plant protein to maintain lean muscle
- 22 essential vitamins and minerals
- Probiotics to help promote digestive and immune health
- Clinically tested potato protein extract to help curb hunger
- NO artificial flavors, colors, preservatives, or sweeteners

Supplement Facts

Serving Size: 1 Packet (47.5 g) Servings Per Packet: 1

	Amount Per Serving	% Daily Value†		Amount Per Serving	% Daily Value†
Calories	200		Vitamin K1 (as phytonadione)	28 mcg	35%
Calories from Fat	50		Vitamin B1 (as thiamin mononitrate)	0.53 mg	35%
Total Fat	6 g	9%	Vitamin B2 (as riboflavin)	0.60 mg	35%
Saturated Fat	2 g	10%	Niacin (as niacinamide)	7.00 mg	35%
Monounsaturated Fat	1.5 g		Vitamin B6 (as pyridoxine hydrochloride)	0.70 mg	35%
Polyunsaturated Fat	2 g		Folic acid	140 mcg	35%
Trans Fat	0 g		Vitamin B12 (as cyanocobalamin)	2.10 mcg	35%
Cholesterol	0 mg	0%	Biotin	105 mcg	35%
Sodium	220 mg	9%	Pantothenic acid (as calcium d-pantothenate)	3.50 mg	35%
Potassium	100 mg	3%	Calcium (as dicalcium phosphate)	350 mg	35%
Total Carbohydrate	16 g	5%	Iodine (as potassium iodine)	52.50 mcg	35%
Dietary Fiber	3 g	12%	Magnesium (as magnesium oxide)	140 mg	35%
Sugars	6 g	**	Zinc (as zinc sulfate)	5.25 mg	35%
Protein	20 g	40%	Selenium (as selenium amino acid chelate)	24.50 mcg	35%
Vitamin A (as beta-carotene/vitamin A palmitate)	1750 IU	35%	Copper (as copper amino acid chelate)	0.70 mg	35%
Vitamin C (as calcium ascorbate)	21 mg	35%	Manganese (as manganese amino acid chelate)	0.70 mg	35%
Vitamin D (as cholecalciferol)	140 IU	35%	Chromium (as chromium picolinate)	42 mcg	35%
Vitamin E (as d-alpha-tocopheryl acetate)	10.5 IU	35%	Molybdenum (as sodium molybdate)	26.25 mcg	35%

†Percent Daily Values are based on a 2,000 calorie diet **% Daily Value (DV) not established.

OTHER INGREDIENTS: Oat protein, Pea protein, Agave (*Agave tequilana*, fruit), Maize (fiber), MCT (medium chain triglycerides), Natural vanilla flavor (with other flavors), Xanthan gum, *Bacillus coagulans*, Stevia (*Stevia rebaudiana*, leaf), Potato protein extract, Luo Han Guo (Monk fruit) (*Momordica grosvenori* swingle).

DIRECTIONS: Combine 1 packet (47.5 g) of Vanilla Fresh with 10 fl oz water in a blender. Blend until creamy. **Best consumed within 30 minutes. See Program Guide for complete preparation instructions.**

ALLERGY INFORMATION: This product is manufactured in a plant that also processes milk, soy, egg, fish, crustacean shellfish, tree nuts, peanuts, and wheat (gluten) ingredients.

STORAGE: Store in a cool, dry place.

WARNING: Consult with a healthcare professional if you are pregnant, breast feeding, or if you have any medical conditions. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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