### SUPPLEMENT FACTS

Serving Size 1 level scoop (28.5 g)

Servings Per Container 20

AMOUNT PER SERVING	% DV†
100	
10 mg	3%
6 g	2%
5 g	**
20 g	40%
420 mg	42%
15 mg	4%
80 mg	3%
50 mg	1%
	100 10 mg 6 g 5 g 20 g 420 mg 15 mg 80 mg

OVERNIGHT MUSCLE RECOVERY/ANTI-MUSCLE SORENESS BLEND [Micellar casein, Branched chain amino 23 g

acids (BCAAs): L-leucine, Valine,

Isoleucine (2:1:1), L-glutamine

Tart cherry (*Prunus cerasus*) powder (CherryPURE) 480 mg

†Percent Daily Values are based on a 2,000 calorie diet, \*\*% Daily Value (DV) not established.

OTHER INGREDIENTS: Beet sugar, Natural vanilla chamomile flavor (with other natural flavors). Stevia (Stevia rebaudiana) leaf extract, Xanthan gum.

DIRECTIONS: Gently shake the container to loosen compressed powder. Mix 1 level scoop with 8 oz water until completely dissolved Drink within 1 hour of going to sleep.

WARNING: Consult with a healthcare professional if you are pregnant, breast feeding, or if you have any medical conditions Keen out of reach of children

ALLERGEN INFORMATION: Contains milk (casein) and soy (lecithin). This product is manufactured in a plant that also processes egg, fish, crustacean shellfish, tree nuts peanuts, and wheat ingredients.

STORE IN A COOL, DRY PLACE.

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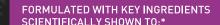
\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# BEACHBODY PERFORMANCE

## RECHARGE

## VANILLA

#### NIGHTTIME







- » Support overnight muscle recovery
- » Combat exercise-induced muscle soreness
- » Promote lean-muscle synthesis
- » Reduce muscle breakdown

#### BEACHBODY PERFORMANCE™ SUPPLEMENTS

Sleep is crucial to recovery. Recharge is formulated with key ingredients scientifically shown to assist with overnight muscle recovery and soreness from intense workout days. Key ingredients include slow-release micellar casein protein to support overnight muscle recovery and repair while combating breakdown, an optimal ratio of branched-chain amino acids (BCAAs) to help stimulate muscle protein synthesis overnight, and a powerful anthocyanin-rich tart cherry powder to help reduce exercise-induced oxidative stress and delayed onset muscle soreness (DOMS) from intense workout days.

DIETARY SUPPLEMENT NET WT 1 LB 4.1 OZ (570 q) SULBL0062/SUBB31108 Rev. 05/07/15