



BEACHBODY
ULTIMATE®

OPTIMIZE

*Supports nutrient absorption
and bioavailability**

DIETARY SUPPLEMENT
126 CAPSULES

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 63

Amount Per Serving	% Daily Value
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PROPRIETARY BLEND:	1 g	†
Enzyme Blend (Protease, Papain, Bromelain, Amylase, Lipase, <i>Sophora Japonica</i> powder (Rhizome), Amla powder (fruit)), Methyl Sulfonyl Methane, Camu-camu (fruit).		

† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable cellulose, Maltodextrin.

DISTRIBUTED BY: Beachbody, LLC, Santa Monica, CA 90404 • 1 (800) 818-5174

ALLERGEN INFORMATION: This product is manufactured in a plant that also processes milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy ingredients.

DIRECTIONS: For Cleanse, take two (2) capsules 3 times a day, 30 minutes before meals. For Maintenance, take two (2) capsules 2 times a day, 30 minutes before meal(s).

STORAGE: Keep in a cool, dry place.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

WARNING: Consult with a healthcare professional before use if you are pregnant, breast feeding, taking any medication, or if you have any medical condition. Keep out of reach of children.

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